



2011-2012 Air Force JROTC Academic Bowl

Participate in this FREE Academic Competition and your team may win a chance to compete in the Academic Championship in Washington, DC!

There are many benefits of participating in this free Academic Bowl including:

- Improve SAT/ACT scores
- Increase interest in college admissions
- Demonstrate academic strength of JROTC program
- Boost team and unit spirit

Dates of Competition

Oct. 3-17, 2011

Oct. 24, 2011

Nov. 1-15, 2011

Feb. 1-15, 2012

June 22-26, 2012

Practice Round

Registration begins

Level I – The Challenge

Level II – Zero Hour Threat

**AF JROTC Academic Championship
and The JROTC Tri-Service Academic
Bowl Championship**

NOTES:

- All units may participate in the Practice Round and Level I.
- Teams with scores in the top 50% in Level I will participate in Level II.
- Eight academic teams will advance to the Academic Championship which will be held in Washington, DC. **UPDATE (10/10/11) – Sixteen teams will advance to the Academic Championship – two from each Division and Area.**
- If your school is prone to winter storms and school closings, please do NOT wait until the last day to participate. Deadline extensions will be granted on a very limited basis.
- All teams advancing to Level III (The Championship) will be asked to participate in a peer-to-peer tutoring project. Cadets will prepare a lesson and questions about a subject covered on the SAT/ACT (3-5 hours of prep work). Teams will also be asked to participate in a voluntary fundraiser.



Competition Website

COF Contests – To participate in the Practice Round, Level I and Level II, go to www.cofcontests.com.

How to Assemble an Academic Team

- Academic Team = 4 primary members and 2 alternates
- No more than 2 juniors may participate on the primary team and 1 junior may be an alternate.
- NO seniors may participate.

Each JROTC unit will be allowed one team consisting of **four cadets** – they may be freshmen, sophomores or juniors – however, no more than 2 juniors may be on the primary team. Seniors may not be included on the team. Two alternates (no more than one junior alternate) may be named in case a team member must drop out before the end of the competition. The alternates may participate in the online testing; however, if selected to participate in the final competition in Washington, DC, **only four team members will attend** (limited to two juniors total in final championship team traveling to Washington).

Instructors may assess each potential team member by grades, performance on the Practice Round, ability to work with a team and/or enthusiasm for the competition. The instructor has the final decision on the members of the team and may use the OPTIONAL Practice Round (Oct. 3 – 17, 2011) developed by the Foundation as a method of choosing team members. The Practice Round will consist of 25 questions similar to those questions in Level I and II, but is taken individually and not as a team. All cadets in the unit may take the Practice Round at an internet-accessible computer either in the classroom, at home, in the library or other location. The cadets should logon to www.cofcontests.com, select Air Force, answer the questions and print out their scores to turn into the instructor. It is up to each instructor to review the scores and determine members of the team.

How to Prepare the Team

One of the main goals of the JROTC Academic Challenge is to prepare students for state exit/graduation exams as well as college entrance exams, such as the SAT and ACT. However, many JROTC instructors are understandably interested in measuring how well their cadets are learning the JROTC curriculum. Therefore, we will have a mix of JROTC curriculum as well as English, Math and Science in each level of the competition. We will also include a few questions about current events – focusing on national and international news, particularly international relations, politics, business and science. All



of the current events questions will be taken from major media available on television, the internet and in daily newspapers.

Level I – The Challenge will include 25% JROTC questions, 65% SAT/ACT-type questions and 10% current events questions.

Level II – Zero Hour Threat will include 15% JROTC questions, 75% SAT/ACT-type questions and 10% current events questions.

The JROTC curriculum questions will come from Leadership Education I-IV with primary focus on leadership preparation, wellness and fitness, group/team dynamics and communication skills.

We encourage all cadets, whether they are on the academic team or not, to prepare for the ACT, SAT and ASVAB tests by reviewing English, Science and Math coursework. There are several resources available, free-of-charge, to all students.

Websites to review include:

www.cofcontests.com – practice questions developed by the Foundation

www.cofcontests.com – online SAT and ACT guides

www.number2.com – a free test prep website

www.march2success.com – a free test prep website

www.khanacademy.org – a free website with math, history and science lessons

www.foxnews.com/index.html - FOX News

www.cnn.com/studentnews/ - CNN Student News

www.npr.org/ - National Public Radio

www.reuters.com/ - Reuters

www.usatoday.com/ - USA Today Newspaper

How to Register the Team

Registration begins on **Monday, October 24, 2011** at www.cofcontests.com. It will take approximately 15 minutes to answer a few required questions to register your team. The team must be registered prior to beginning Level I, so we suggest that each instructor register his or her team before the team is ready to participate in the first round. Registration will be open until the last day of Level I competition (Nov. 15), so an instructor could still register a team up until the last day of Level I competition. However, we strongly encourage all teams to register and participate before the last day of competition.



All teams will be competing against similar teams. We will categorize by demographics including socio-economic and geographic factors. Please be prepared to answer the following questions when registering:

High School Name, Address, Phone Number
Instructor Name, Email Address, Phone Number (office and cell)
Cadet Names, Grade, Gender, GPA
High School Demographics – Number of students, Number in Free Lunch Program,
Athletic Category (ex. 3A, 8A), type of school (suburban, rural, private, public, etc.)

How to Participate in Level I – The Challenge and Level II – Zero Hour Threat

1. The instructor or team captain should logon to www.cofcontests.com
2. Select the Service Branch (Air Force)
3. Select Academic Bowl
4. If the team has not registered, click on Team Registration (see instructions above)
5. Select **Level I – The Challenge** (Nov. 1 - 15)
6. Enter your team password – your high school name should appear
7. Follow directions on that page and begin the competition
8. Level I will consist of approximately 75 questions and take approximately 1 hour to complete.

If your team advances to **Level II – Zero Hour Threat** (Feb. 1-15), you will follow the same procedure (using the same password). If you misplace your password, email Emily Donahue (edonahue@collegeoptions.net).

Level III – The Academic Championship and The JROTC Tri-Service Academic Bowl Championship

Teams advancing to Level III in Washington, DC (June 22-26, 2012) will be notified by email as soon as results of Level II are verified. Eight teams will advance – four from each division. Teams will compete in a minimum of 6 rounds of competition using buzzers in a “college bowl” game. The first place team will participate in a JROTC Tri-Service Academic Bowl Championship. Teams will have one day to sightsee in Washington, DC.

Teams will be allowed to bring four cadets and one instructor. If required by the school system, a chaperone may travel with the team to the Championship event.



Travel costs, gas prices, additional airline fees and most importantly, cuts in educational funding require that we are all as frugal as possible in our travel arrangements. All costs directly related to the event will be covered, but COF will endeavor to minimize costs where possible and we hope the instructors will assist us in that area.

Each team will receive a travel allowance to cover all transportation expenses such as:

1. ground transportation to/from Washington, DC airport to George Mason University
2. airfare or mileage (if driving)
3. incidentals – baggage, tips, etc.

The amount of the travel allowance will be determined by the location of the team and the average cost of travel from that area. Travel allowances will not exceed \$3,500. If travel costs are determined to exceed the authorized limit, the team can either:

1. fundraise to collect the balance of the travel costs OR
2. receive a trophy and certificates of achievement donated by the Foundation in lieu of traveling to the Academic Championship.

Official Rules of the Competition

1. The designated contact should be a JROTC instructor with access to email. Most correspondence with teams is through email; therefore, it is essential that instructors check their email and respond as soon as possible. Foundation staff is also available by phone for questions or concerns. (1-888-576-8287 or edonahue@collegeoptions.net)
2. Each JROTC unit will be allowed one team consisting of four cadets. There shall be no more than two juniors on the primary team – others may be freshmen or sophomores. Two alternates (no more than one junior alternate) may be named and may participate in the online portion of the competition. No seniors may participate in the Academic Bowl.
3. Level I - The Challenge and Level II - Zero Hour Threat are internet-based competitions. The team must have high speed (DSL, cable, t1, etc.) internet access (not via a dial-up connection).
4. The Challenge and Zero Hour Threat each require approximately one hour to complete. Once a team has logged in, there is no ability to stop and start over. The competition must be completed in one sitting.
5. No one is allowed in the room during the competition except for the 4 members of the team, 2 alternates and one instructor who will act as proctor for the test. Instructors may not assist the team with questions during the test.



6. No outside sources (dictionary, thesaurus, text book, newspaper, etc.) are allowed. Calculators, pens/pencils and scratch paper are permitted.
7. No communication about the competition with other JROTC teams or schools is allowed. Teams are not permitted to discuss the questions or design of the competition with anyone outside of the team members and instructors.
8. All scores will be sent to the Foundation's server automatically. If a team believes there has been an error in scoring, the team must contact the Foundation via phone or email within 12 hours of the completion of their participation (upon finishing the game). A written explanation of the problem will be required and should be sent via email (edonahue@collegeoptions.net).
9. If there is an electrical outage or other technical difficulty during the competition, the team must contact the Foundation via phone or email within 12 hours of the difficulty. A written explanation of the problem will be required and should be sent via email (edonahue@collegeoptions.net).
10. The JROTC Academic Challenge is relying on the adherence by all teams to the JROTC Code of Honor/Core Values. The Foundation expects that all team members and instructors will abide by all rules.
11. Finally, we believe the **No. 1 rule in this competition is.... Have Fun!** We hope you enjoy this challenge.