



2016-2017 Army JROTC Leadership Bowl

Participate in this Leadership Competition and your team may win a chance to compete in the Leadership Championship (JLAB) in Washington, DC!

There are many benefits of participating in the Leadership Bowl, including:

- Increase interest in college admissions
- Improve leadership skills
- Demonstrate academic and leadership strengths of the JROTC program
- Boost esprit-de-corps
- Share your leadership experience and best practices with other JROTC units
- Earn the opportunity to travel to our nation's capital

Dates of Competition

October 1-25, 2016	Practice Test for Level I (open to all cadets!)
November 1-20, 2016	Team Registration
November 1-20, 2016	Level I
February 1-15, 2017	Level II
June 23-27, 2017	Level III – The Championship in Washington, DC

IMPORTANT NOTES:

- All units may register a team for Level I of the Leadership and Academic Bowl – two different tests administered during the same window of dates. For more information on the Academic Bowl, click on the link for the Academic Bowl at www.cofcontests.com.
- All units are encouraged to form two teams – a Leadership Team and an Academic Team.
- A student may only participate on one COF sponsored academic or leadership team; either a JROTC Leadership Team (Army only), a JROTC Academic Team (Army, Marine Corps, Navy, Air Force, Civil Air Patrol) or an All American Academic Bowl Team - no crossover between teams.
- Cadets may only participate on **one** team - either the Leadership Team or the Academic Team – no crossover between teams.
- We recommend that cadets participate in the Leadership Bowl only once.
- Teams with scores in the top 50% in Level I will participate in Level II.
- Forty (40) Leadership Teams selected from Level II will advance to the Leadership Championship (JLAB).
- If your school is prone to winter storms and school closings, please do NOT wait until the last day to participate. Deadline extensions will be granted on a very limited basis.



- All Teams advancing to the Leadership Championship (JLAB) will be asked to prepare materials related to leadership. Details provided at a later date.



Competition Website

COF Contests – To register and participate in the Practice Test, Level I and Level II, go to www.cofcontests.com.

How to Assemble a Leadership Team

- Leadership Team = 4 primary members and 2 alternates (online only).
- Cadets on the Leadership Team may NOT participate on the Academic Team.
- Select current or upcoming leadership within the unit – juniors, sophomores or freshmen. It is strongly recommended that your Leadership Team consist of the four cadets that will be the top leadership within your JROTC unit during SY 2017-2018.
- NO seniors may participate.

Each JROTC unit will be allowed one Leadership Team consisting of **four cadets** - they may be freshmen, sophomores or juniors. **Seniors may not participate on the team.** Leadership Team members may NOT participate on the Academic Team. Two alternates may be named and may participate in the online testing in case a team member must drop out before the end of the competition; however, alternates are not required. If your unit is eligible to participate in the final competition in Washington, DC, **only four team members may attend JLAB. New this year, alternates will not be allowed to attend; however, we will be live streaming many of the main events during JLAB including the Championship.**

Selecting Team Members

It is strongly recommended that your Leadership Team consist of cadets that will be the top leadership within your JROTC unit during SY 2017-2018. Instructors may otherwise assess and select potential team members using any criteria. Some suggested selection methods are –

- Peer selection boards (e.g. interviews, essays)
- Leadership assessment tools (e.g. military, business or government)
- Teacher or school leadership recommendations
- GPA
- Performance on the Practice Test (details below)
- Overall enthusiasm for the competition



PRACTICE TEST (October 1-25, 2016)

The Practice Test is taken individually, not as a team, and consists of 25 questions similar to those questions in Levels I and II. There are a total of 50 questions in the bank of questions, so cadets may take the test more than once and see new questions each time. The Practice Test is open to all cadets in the unit and is a great way to evaluate your entire unit's understanding of JROTC curriculum and general subjects. We encourage all cadets in the unit to take the Practice Test at an internet-accessible computer either in the classroom, at home, in the library or other location. The cadets should logon to www.cofcontests.com, select Army Leadership Bowl, answer the questions and print out their scores to turn in to the instructor. COF does not retain practice test scores. It is up to each instructor to review the scores and determine members of the team.

How to Prepare the Leadership Team

Leadership Teams selected to participate in the Leadership Championship (JLAB) should have a solid working knowledge of leadership principles and classroom applications. Forty (40) four-person teams will earn the opportunity to participate in the Leadership Championship on the basis of their knowledge of the JROTC curriculum and the JROTC leadership theories therein. References for preparation for Levels I and II and JLAB include:

1. Citizenship in Action and Leadership Theory and Application
 - Unit 1 (All Chapters)
 - Unit 2 (All Chapters excluding Lessons 6-8 of Chapter 5)
2. Foundations for Success
 - Unit 3 (All Chapters) (excluding Chapters 9 and 11)
3. Citizenship in American History and Government
 - Unit 6 (All Chapters) (excluding Chapters 6 and 7)
4. Winning Colors, Graphic Organizers and Thinking Maps
5. CPS Student Response System – CPS will be used extensively in the JLAB Leadership Bowl Championship. Your team should be proficient with it!
6. Leadership Teams qualifying for the JLAB Leadership Championship will also study and be tested on the life experiences and leadership tenets and principles of Generals George C. Marshall, Douglas MacArthur, and Colin A. Powell, contained in the following publications:



NOTE: Contents of these publications listed below are for the Championship event ONLY and will be provided to the 40 JLAB Leadership Teams after Level II is complete.

a. The George C. Marshall Principles of Leadership: Ref Guide: Soldier, Statesman, and Peacemaker: Leadership Lessons from George C. Marshall by Jack Uldrich.

b. No Substitute for Victory: Lessons in Strategy and Leadership from General Douglas MacArthur by Theodore Kinni and Donna Kinni.

c. A Leadership Primer – 18 Leadership Principles by General Colin A. Powell

How to Register the Team

Team registration is open Tuesday, November 1 – Sunday, November 20 at www.cofcontests.com. All teams, regardless of previous participation, must register by creating a new User ID and Password. The instructor should click on Army Leadership Bowl and then select Team Registration. It will take approximately 15 minutes to answer a few required questions to register your team. The team must be registered prior to beginning Level I. We suggest that each instructor register his or her team before the team is ready to participate in Level I. Registration will be open until the last day of the Level I competition (November 20).

All teams will be competing against similar teams within each Brigade. Each team will be automatically placed into a Division based on demographics including socio-economic and geographic factors.

Please be prepared to answer the following questions when registering:

High School Name, Address, Phone Number

Instructor Name, Email Address, Phone Number (office and cell)

Cadet Names, Grade, Gender, GPA, email address

High School Demographics – Number of students, Number in Free Lunch Program,

Athletic Category (ex. 3A, 8A), type of school (suburban, rural, private, public, etc.)

*** Be prepared to create a User ID and Password to use throughout this year's competition and keep it in a secure place for future reference.**



How to Participate in Levels I and Level II (online)

1. The instructor or team captain should logon to www.cofcontests.com
2. Select the Army Leadership Bowl
3. If the team has not registered, click on Team Registration (see instructions above)
4. Select **Level I** (November 1 - 20)
5. Enter your team User ID and Password; your high school name should appear
6. Follow directions on that page and begin the competition
7. Level I will consist of approximately 75 questions and take approximately 1 hour to complete. Level I is a **TEAM** event – all cadets on the team (including alternates) should sit at one computer and answer questions as a team.

If your team advances to **Level II** (February 1-15), you will follow the same procedure, using the same User ID and Password. **Keep your User ID and Password for this year's use.**

If you misplace your login information, you may go to www.cofcontests.com and select **Army Leadership**, then select **For Instructors**, then select **Retrieve Your Team User ID and Password**.

The Leadership Championship (JLAB)

Teams advancing to JLAB in Washington, DC will be notified by email as soon as the results of Level II are verified. Forty (40) Leadership Teams will advance to JLAB and compete for the title of the best Army JROTC Leadership Team. If your team is selected, here is what you can expect:

1. JLAB Leadership Team Projects – from 15 March to 22 June 2017 your team will:
 - participate in a JLAB 2017 Leadership Program virtual classroom
 - prepare a report and a presentation on a JROTC unit Best Practice that you will submit online and that you will brief and discuss in a forum with other teams at JLAB
 - participate in a virtual scavenger hunt of a national memorial or museum (to be determined) and prepare a plan to visit that and the other memorials and museums in Washington, DC in an experiential learning exercise.



- NOTE:** During this process (March – June 2017), your team will have established suspense dates to complete the assignments. Failure to meet any one of the suspense dates may result in a team being eliminated from further competition and replaced by another team.
2. The 2017 JLAB Leadership Program (June 23-27, 2017) will consist of the following (which are subject to change):
 - **Leadership Team Project Forum** – Leadership Teams will be assigned to Leadership Groups of 8 to 10 teams where the teams will brief their JROTC Unit Best Practice.
 - **Leadership Championship** – During the JLAB 2017 Leadership Championship, the teams will compete in a full day of oral, written, and hands-on tests and examinations.
 - The JLAB 2017 leadership competition format is currently being developed and will be announced NLT 1 November 2016. It will be similar to the format of the JLAB 2016 Leadership Championship, which used four testing venues. In 2016, after the four events, the teams completed a final self-paced paper exam. Following the final tabulation of scores, the three teams with the highest scores competed on stage in a quiz bowl format with a moderator and buzzer system. At the conclusion of that event, the National Army JROTC Leadership Champion was named.
 - **Experiential Learning** – Reflecting on their JROTC lessons and the JLAB experience, the cadets will enhance their understanding and knowledge of US history, government, and key historical figures by participating in a leadership scavenger hunt in one of the national parks or museums and by exploring our nation's monuments and museums in Washington, DC.
 3. Teams will be allowed to bring four cadets and one instructor to JLAB. Additional male and female chaperones will be on staff at JLAB; however, a chaperone from the high school may also attend if required by the school administration. Alternates will NOT be able to attend JLAB 2017.

Travel costs, gas prices, additional airline fees and, most importantly, cuts in educational funding, require that we are all as frugal as possible in our travel arrangements. Travel costs directly related to the event will be covered, but we will endeavor to minimize travel costs where possible and we hope the instructors will assist us in that area.



Each team will receive a travel allowance to cover transportation expenses such as:

1. airfare or mileage (if driving)
2. ground transportation to/from Washington, DC airport to JLAB
3. incidentals – baggage, tips, etc.

The amount of the travel allowance will be determined by the location of the team and the average cost of travel from that area. Travel allowances will not exceed \$3,500 per team; (this amount is a maximum, not a per team allowance) however, few teams, other than teams traveling from abroad, will require that amount. If travel costs are determined to exceed the authorized limit, the team can choose to either:

1. fundraise to collect the balance of the travel costs OR
2. receive a plaque and certificates of achievement donated by the Foundation in lieu of traveling to JLAB.

Official Rules of the Online Competition

1. The designated point of contact should be a JROTC instructor with access to email. Most correspondence with teams is through email; therefore, it is essential that instructors check their email and respond as soon as possible. Foundation staff is also available by phone for questions or concerns. (1-888-576-8287 or edonahue@collegeoptions.net)
2. A student may not participate on more than one COF sponsored academic or leadership team. A student may participate on either a JROTC Leadership Team (Army only), a JROTC Academic Team (Army, Marine Corps, Navy, Air Force, Civil Air Patrol) or an All American Academic Bowl Team.
3. Each JROTC unit will be allowed one Leadership Team consisting of four cadets. Future leadership of the unit should be included. Two alternates may be named and may participate in the online portion of the competition, but will not be allowed to travel to attend JLAB with the team. No seniors may participate. Leadership Team members may not participate on the Academic team.
4. Levels I and II are internet-based competitions. The team must have high speed (DSL, cable, etc.) internet access.
5. Levels I and II each require approximately one hour to complete. **Once a team has logged in, there is no ability to stop and start over. The competition must be completed in one sitting.**
6. No one is allowed in the room during the competition except for the four members of the team, two alternates, and one instructor, who will act as proctor for the test. Instructors may not assist the team with questions during the test.



7. No outside sources or other electronic devices (cell phone, additional computer, dictionary, thesaurus, text book, newspaper, etc.) are allowed. Calculators, pens/pencils, and scratch paper are permitted.
8. No communication about the competition with other JROTC teams or schools is allowed. Teams are not permitted to discuss the questions or design of the competition with anyone outside of the team members and instructors.
9. All scores will be sent to the Foundation's server automatically. If a team believes there has been an error in scoring, the team must contact the Foundation via phone or email within 12 hours of completion of the test. A written explanation of the problem will be required and should be sent via email (edonahue@collegeoptions.net).
10. If there is an electrical outage or other technical difficulty during the competition, the team must contact the Foundation via phone or email within 12 hours of the difficulty. A written explanation of the problem will be required and should be sent via email (edonahue@collegeoptions.net).
11. The JROTC Leadership Bowl relies on the adherence by all Teams to the JROTC Code of Honor/Core Values. The Foundation expects that all team members and instructors will abide by all rules.
12. Finally, we believe the **Number 1 rule in this competition is... Have Fun!** We hope you enjoy this challenge.