



2018-2019 Army JROTC Leadership Bowl

Participate in the Leadership Bowl and your team may win the opportunity to compete in the Leadership Championship (JLAB) in Washington, DC!

There are many benefits of participating in the Leadership Bowl:

- Increase interest in college admissions
- Improve leadership skills
- Demonstrate academic and leadership strengths of the JROTC program
- Boost esprit-de-corps
- Share your leadership experience and best practices with other JROTC units
- Earn the opportunity to travel to our nation's capital

Dates of Competition

OCT 1-25, 2018	Practice Test (open to all cadets!)
OCT 26 – NOV 20, 2018	Team Registration
NOV 1-20, 2018	Level I
FEB 1-15, 2019	Level II
JUN 21-25, 2019	Level III – The Championship in Washington, DC

IMPORTANT NOTES:

- **Cadets who attended JLAB 2018 on an Academic Team may not participate on the Academic Team in subsequent years but may participate on the Leadership Team. Cadets who attended JLAB 2018 on a Leadership Team may not participate on the Leadership Team in subsequent years but may participate on the Academic Team.**
- All units may register a team for Level I of the Leadership and Academic Bowl – two different tests administered during the same window of dates. For more information on the Academic Bowl, click on the link for the Academic Bowl at www.cofcontests.com.
- All units are encouraged to form two teams – a Leadership Team and an Academic Team.
- Leadership Teams consist of current sophomores and juniors (no freshmen or seniors).
- Cadets may only participate on **one** team during the same school year (2018-19) - either the Leadership Team or the Academic Team – no crossover between teams.
- Teams with scores in the top 50% in Level I will participate in Level II.
- Forty (40) Leadership Teams selected from Level II will advance to the Leadership Championship (JLAB).
- If your school is prone to winter storms and school closings, please do NOT wait until the last day to participate. Extensions will be granted on a limited basis.



Competition Website

COF Contests – To register and participate in the Practice Test, Level I, and Level II, go to www.cofcontests.com.

How to Assemble a Leadership Team

- Leadership Team = 4 primary members and 2 alternates (online only).
- Cadets on the Leadership Team may NOT participate on the Academic Team.
- Select current or upcoming leadership within the unit – juniors or sophomores. It is strongly recommended that your Leadership Team consist of the four cadets that will be the top leadership within your JROTC unit during SY 2019-2020. NO freshmen or seniors may participate.
- Cadets who have attended JLAB in Washington, DC on a Leadership Team may NOT participate on the Leadership Team.

Each JROTC unit will be allowed one Leadership Team consisting of **four cadets** - they may be sophomores or juniors. **Neither freshmen nor seniors may participate on the team.** Leadership Team members may NOT participate on the Academic Team. Two alternates may be named and may participate in the online testing in case a team member must drop out before the end of the competition; however, alternates are not required. If your unit is eligible to participate in the final competition in Washington, DC, **only four team members may attend JLAB. Alternates are not allowed to attend JLAB; however, we will be live streaming many of the main events in DC including the Championship.**

Selecting Team Members

It is strongly recommended that your Leadership Team consist of cadets that will be the top leadership within your JROTC unit during SY 2019-2020. Instructors may otherwise assess and select potential team members using any criteria. Some suggested selection methods are ~

- Peer selection boards (e.g. interviews, essays)
- Leadership assessment tools (e.g. military, business or government)
- Teacher or school leadership recommendations
- GPA
- Performance on the Practice Test (details below)
- Overall enthusiasm for the competition



PRACTICE TEST (October 1-25)

The Practice Test is taken individually, not as a team. It consists of 25 questions similar to those questions in Levels I and II and is open to all cadets in the unit and is a great way to evaluate your entire unit's understanding of JROTC curriculum and general subjects. We encourage all cadets in the unit to take the Practice Test at an internet-accessible computer in the classroom or other convenient location. Instruct cadets to logon to www.cofcontests.com and select **Army Leadership** and **Practice Test**; register, take the test, and print out their scores to turn in to the instructor. **COF does not retain Practice Test scores. It is up to each instructor to review the scores and determine members of the team.**

How to Prepare the Leadership Team

Forty (40) four-person teams will earn the opportunity to participate in the Leadership Championship on the basis of their knowledge of the JROTC curriculum and the JROTC leadership theories therein. References for preparation for Levels I and II and JLAB include:

1. Citizenship in Action and Leadership Theory and Application
 - Unit 1 (All Chapters)
 - Unit 2 (All Chapters excluding Lessons 6-8 of Chapter 5)
2. Foundations for Success
 - Unit 3 (All Chapters) (excluding Chapters 9 and 11)
3. Citizenship in American History and Government
 - Unit 6 (All Chapters) (excluding Chapters 6 and 7)
4. Winning Colors, Graphic Organizers, and Thinking Maps
5. Leadership Teams qualifying for the JLAB Leadership Championship will also study and be tested on the life experiences and leadership tenets and principles of Generals George C. Marshall, Douglas MacArthur, and Colin A. Powell. That information is contained in publications to be provided after Level II.

How to Register the Team

Team registration is open Friday, October 26 – Tuesday, November 20 at www.cofcontests.com. **All teams, regardless of previous participation, must register by creating a new User ID and Password.** Prior to registering your team, confirm your school's participation in the free and reduced lunch program (percentage of students in



the school who receive free or reduced lunch). You may need to contact your front office staff to obtain this information.

- The instructor should click on **ARMY LEADERSHIP** and select *For Instructors* and then select *Register Your Team*. It will take approximately 15 minutes to answer a few required questions – each unit may register one Leadership Team.
- The team must be registered prior to competing in Level I.
- We suggest that each instructor register his or her team before the team is ready to participate in Level I.
- We strongly encourage all teams to register and participate before the last day of competition.

All teams will be competing against similar teams within each Brigade. Each team will be automatically placed into a Division based on demographics including socio-economic and geographic factors.

Please be prepared to answer the following questions when registering:

High School Name, Address, Phone Number

Instructor Name, Email Address, Phone Number (office and cell)

Cadet Names, Grade, Gender, GPA, email address

High School Demographics – Number of students, Number in Free Lunch Program, Athletic Category (ex. 3A, 8A), type of school (suburban, rural, private, public, etc.)

*** Be prepared to create a unique User ID and Password. If your team advances to Level II, you will use the same information for the entire year.**

How to Participate in Levels I and Level II (online)

1. Each cadet must review this document in its entirety prior to participating in Level I
2. The instructor or team captain should logon to www.cofcontests.com
3. Select **ARMY LEADERSHIP**
4. If the team has not registered, click on Team Registration (see instructions above)
5. Select **Level I** (November 1 - 20)
6. Enter your team User ID and Password; your high school name should appear
7. Follow directions on that page and begin the competition
8. Level I will consist of approximately 75 questions and take approximately 1 hour to complete. **Level I is a TEAM event** – all cadets on the team (including alternates) should sit at one computer and answer questions as a team.
9. **Once a team has logged in, there is no ability to stop and start over. The competition must be completed in one sitting.**



If your team advances to **Level II** (February 1-15), you will follow the same procedure, using the same User ID and Password. **Keep your User ID and Password to use for both Level I and Level II.**

If you misplace your login information, you may go to www.cofcontests.com and select **Army Leadership**, then select *For Instructors*, then select *Retrieve Your Team User ID and Password*.

Level III - The Leadership Championship (JLAB)

The top forty (40) teams advancing to the Leadership Championship in Washington, DC will be notified by email as soon as the results of Level II are verified. The teams will compete for the title of the best Army JROTC Leadership Team. If your team is selected to attend JLAB, here is what you can expect:

1. JLAB Leadership Team Projects – from 10 March to 20 June 2019 your team will:
 - participate in a JLAB 2019 Leadership Program virtual classroom
 - participate in a virtual scavenger hunt of Arlington National Cemetery (to be determined) and prepare a plan to visit that and the other memorials and museums in Washington, DC in an experiential learning exercise
 - collaborate with other teams to develop a JLAB Project (TBD) to be completed and delivered at JLAB
 - participate in a service project to support the residents of the Armed Forces Retirement Home – DC (voluntary).

NOTE: During this process (March – June 2019) your team will have established suspense dates to complete the assignments. Failure to meet any one of the suspense dates may result in a team being disqualified from further competition and replaced by another qualifying team.

2. Leadership Bowl Championship (Saturday, 22 June and Sunday, 23 June): Leadership Teams will compete in oral, written, and hands-on tests, examinations, assessments, and activities. The teams will rotate among seven (7) venues. These venues are:
 - a. **The Leadership Gauntlet** – you will rotate through 10 stations each containing a comprehensive leadership question requiring the team to answer by way of a distinctive computer or manual response.



- b. **Leadership According to the Greats** – A test of your team’s knowledge of the lives, careers, and leadership principles, tenets, rules, and lessons of Generals Marshall, MacArthur, and Powell. The test will be administered as a team and the responses will be submitted and recorded electronically on the QT2 classroom examination system.
 - c. **JROTC Leadership Knowledge Assessment** - This examination will test your individual knowledge of the leadership related information contained in the JROTC curriculum. You will take this exam individually and your scores will be combined with those of your teammates to formulate a team score. Your answers will again be submitted and recorded via QT2.
 - d. **Leadership Outside the Box** – This venue will assess the leadership knowledge of your team, but the questions will be presented in different ways (using pictures, videos, audio clips as well as straight forward questions) and the questions will be more complex and wide-ranging. Again, QT2 will be used to take this exam. You will take this exam as a team.
 - e. **JLAB Leadership Forum** - Your team will be assigned to a group of JLAB leadership teams where you will complete and deliver a presentation of the Group JLAB Project that the Group began in the virtual classroom.
 - f. **The JLAB Situational Leadership Xperience (SLX)** – Many of you have been to JCLC and have negotiated a Leader Reaction Course. Using that concept, but not making them as dependent on physical ability as those at JCLC, we have developed four leader/team activities that will test and assess your individual and team’s capabilities in decision making, planning, organization, team work, communications, collaboration, brain storming, problem solving, cooperation – all important components of leadership.
 - g. **Experiential Learning** – Reflecting on your JROTC lessons and the JLAB experience, you will enhance your understanding and knowledge of leadership, US history, government, and key historical figures by visiting those sites or exhibits contained in your scavenger hunt report and exploring the nation’s monuments and museums in Washington, DC.
3. Teams will be allowed to bring four cadets and one instructor to JLAB. Additional male and female chaperones will be on staff at JLAB; however, a chaperone from the high school may also attend if required by the school administration. Alternates are NOT allowed to attend JLAB 2019.

Travel costs, gas prices, additional airline fees and, most importantly, cuts in educational funding, require that we are all as frugal as possible in our travel arrangements. Travel costs directly related to the event will be covered, but we will endeavor to minimize travel costs where possible and we hope the instructors will assist us in that area.



Team travel expenses will be individually calculated based on your location and mode of transportation. Travel expenses that are covered include:

1. airfare or mileage (if driving)
2. ground transportation to/from Washington, DC airport to competition site
3. incidentals – baggage, tips, etc.

Official Rules of the Online Competition

1. The designated point of contact should be a JROTC instructor with access to email. Most correspondence with teams is through email; therefore, it is essential that instructors check their email and respond as soon as possible. Foundation staff is also available by phone for questions or concerns. (1-888-576-8287 or edonahue@collegeoptions.net)
2. Each JROTC unit will be allowed ONE Leadership Team consisting of four cadets. Future leadership of the unit should be included. Two alternates may be named and may participate in the online portion of the competition but are not allowed to attend JLAB with the team. No seniors or freshmen may participate on the team. Cadets who attended JLAB 2018 as a member of a Leadership Team may NOT compete on a Leadership Team in subsequent years. Cadets may compete on an Academic Team even if they attended JLAB on a Leadership Team. Leadership Team members may not participate on the Academic Team during the same school year.
3. Levels I and II are internet-based competitions. The team must have high speed (DSL, cable, etc.) internet access.
4. Levels I and II each require approximately one hour to complete. **Once a team has logged in, there is no ability to stop and start over. The competition must be completed in one sitting.**
5. No one is allowed in the room during the competition except for the four members of the team, two alternates (optional), and one instructor, who will act as proctor for the test. Instructors may not assist the team with questions during the test.
6. No outside sources or other electronic devices (cell phone, additional computer, dictionary, thesaurus, text book, newspaper, etc.) are allowed. Calculators, pens/pencils, and scratch paper are permitted. Do not take screenshots of the questions during the test. Duplication of the questions during the test is NOT permitted.
7. No communication about the competition with other JROTC teams or schools is allowed. Teams are not permitted to discuss the questions or design of the competition with anyone outside of the team members and instructors.
8. If your team qualifies to advance to Level II, and your school is prone to winter storms and school closings, please do NOT wait until the last day to participate. Deadline extensions will be granted on a very limited basis.



9. All scores will be sent to the Foundation's server automatically. If a team believes there has been an error in scoring, the team must contact the Foundation via phone or email within 12 hours of completion of the test. A written explanation of the problem will be required and should be sent via email (edonahue@collegeoptions.net).
10. If there is an electrical outage or other technical difficulty during the competition, the team must contact the Foundation via phone or email within 12 hours of the difficulty. A written explanation of the problem will be required and should be sent via email (edonahue@collegeoptions.net).
11. The JROTC Leadership Challenge relies on the adherence by all teams to the JROTC Code of Honor/Core Values. The Foundation expects that all team members and instructors will abide by all rules.
12. Finally, we believe the **Number 1 rule in this competition is... Have Fun!** We hope you enjoy this challenge.